

## LOGOPRAXIS WORKSHOP EXERCISE

Prepared by Gray Glenn

[Note on Jan 1 to the LPers planning to gather in Kempton over the Logopraxis break in 2017]

*Logopraxis came out of seeing that the process of awakening spiritually on this earth--as described in HH--as the awakening after death. The four stages are in order: external concerns, internal concerns, instruction, and absorption.*

*Our exercise for the up-coming session in Kempton on Jan 14: during the time period between now and then, to take note of what comes up in our lives externally as circumstances, physical bodily stuff, or attitudes [external concerns]. Along the way, reflect on possible internal correspondences to what is manifesting externally. What are the internal concerns? It is important to emphasize these reflections as possibilities; stay in the activity of reflection, don't go into judgment. As the next two weeks go on, how do you see the external things differently when you recall what you know from being engaged with the Word? This difference can be interpreted as instruction.*

*The processes we are in from Logopraxis are unique according to the love that we are. The Text actually creates in us the states that we are reading about, according to our love.*

**Logopraxis Saturday 14 January 2017 Extended Round 3**  
**Amy, Siri, Denise, Jane, Max, Margit, Dianna, Hal, Diane, Gray, Janna**  
(Part of the day) **Ruth, Louise**

**10:30 Intro: moving toward removing person, time and space in our Logopraxis work.**

[HD quotes: DLW 51; CL 328.2; SD minor 4609.2; AC 7381.2, 3857.2, 3938, 8918, 5614.2, 4901.2, 5614; AE 1131.2; HH 266.3, 168; AR 947.2; DP 59; TCR 280.8]

*Do this exercise, which is **not** an example of a Logopraxis F2F mtg:*

**Round 1**

- Name an external concern that came up in the last 2 weeks. Observe the urge to tell a story about it. Do not tell the story. Limit your share to the external concern.
- Identify a spiritual principle that could be brought to bear on the external concern.
- If a spiritual concern came up in the last 2 weeks, what was it? ...does it fit the definition of a spiritual concern as given in the Heavenly Doctrines?

**Round 2**

- What did you see in the room immediately; what did you experience as an internal response during Round 1?

**Round 3**

- Questions: What form does instruction take?

12:00 break for lunch

1:00 reconvene; check-in where people are

2:00 David joins via computer; each say why he or she does Logopraxis; then Q&A

3:30 closure